

Healthier Communities and Older People Block

The HSP has proposed that improving the health and well-being of Haringey residents be a cross-cutting theme in the LAA. Our aspiration is that people live longer, healthier lives and that the LAA is used to address health inequalities, particularly in deprived neighbourhoods. We are promoting the *Choosing Health* agenda and, in addition to the indicators addressed by this block, the LAA includes the following actions, all of which contribute to creating a healthier Haringey. We are aiming to increase:

- the number of schools achieving Healthy Schools Status
- the number of people involved in formal volunteering
- the number of people from disadvantaged groups, NRF areas, those on incapacity benefit and the those in temporary accommodation helped into sustained work.

A project group including officers from the Council, Haringey Teaching Primary Care Trust and the voluntary sector and chaired by the Director of Public Health was established to develop the Healthier Communities and Older People (HCOP) Block. The group held a consultation event attended by over 70 people including members of local community groups, the outcome of which has been discussed by the Well-being Partnership Board and the HCOP project group.

In addition to the mandatory indicators to reduce health inequalities and those for Supporting People (forthcoming), the following optional targets, the first four of which are proposed as stretch targets, are:

Proposed stretch targets

1. Increasing physical activity in the borough

Increasing sport and physical activity is a priority for the borough. We are aiming to increase physical activity amongst all ages and in particular amongst older people. Initiatives to support this can be found in our Sports and Physical Activity Strategy at:

http://www.haringey.gov.uk/index/community_and_leisure/leisurecentres/sport_strategy.htm

2. Increase the number of Health Action Plans (HAPs) completed for people with Learning Disabilities and Mental Health problems

Research shows that many people with learning disabilities and mental health problems have poorer health than others. As HAPs help people to better understand their health needs and plan how to stay healthy, they are a central part of our preventative agenda, enabling people to stay healthy and hence reduce the need for hospital admission and treatment.

3. Improve homes for the most vulnerable people through measures to increase energy efficiency, home safety and security

In line with the Government's 'Fuel Poverty in England: The Government's Plan for Action', which outlines the link between poor energy efficiency and fuel poverty, we will build on existing programmes which check and maintain fuel efficiency measures in vulnerable households to help lessen fuel poverty. Home safety and security checks will link to our work on the prevention of falls and decreasing fear of crime.

4. Smoking cessation

Building on our work to promote environments which encourage people to stop smoking (e.g. our successful smoke-free award which resulted in Tottenham Hotspur Football Club going smoke-free a year before the legislation requires it to), we plan to run a smoke-free homes campaign as well as target our established Quit Smoking Service at those living in deprived areas.

Proposed optional targets

1. Enabling older people to make healthy dietary choices.

At the LAA consultation on this block, older people and professionals identified the importance of improving access to healthy food. Malnutrition is a common problem for older people, especially amongst deprived communities, those living in care homes and people with dementia. Recent research by Age Concern England provides advice on how to ensure that older people are able to make healthy dietary choices without compromising their cultural needs and preferences.

2. Improve access to a range of day opportunities for older people

In order to develop our range of excellent services for frail and vulnerable older people, it is also important to provide day opportunities for people with lower needs. Working in partnership we will seek to (a) increase capacity for structured day opportunities and (b) increase the number of volunteers and volunteer hours provided as part of these structured day opportunities, using the expertise of the voluntary sector in this area of work.

Block – Healthier Communities and Older People

Outcomes	Indicators	Outturns for 2005/06	Baselines/ Target 2006/07 (Unless otherwise stated)	Targets 2007/08 (including any stretch targets, and their annual outstretched targets)	Targets 2008/09 (including any stretch targets, and their annual outstretched targets)	Targets 2009/10 (including any stretch targets, and their annual outstretched targets)	Lead partner
Improved Health and reduced health inequalities	<p>Mandatory Indicators Reduce health inequalities between the local authority area and the England population by narrowing the gap in age, all-cause mortality</p> <p>Life expectancy for Men</p> <p>Life expectancy for women</p> <p>England Average</p>	<p>74.7 (2002/04)</p> <p>80.7 (2002/04)</p> <p>76.6(m) 80.9(f)</p>	<p>2004 data (latest currently available) 628 per 100,000 (E&W), 675 per 100,000 (Har), SMR = 107.9.</p>	<p>SMR trajectory for 2005 = 107.23</p>	<p>SMR trajectory for 2006 = 107.29</p>	<p>SMR trajectory for 2007 = 107.35</p>	<p>HTPCT</p>

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Reduce premature mortality rates between the most deprived 20% of wards/neighbourhoods and the least deprived 20% of wards/neighbourhoods with a particular focus on reducing the gap in smoking prevalence in those areas	Reduce premature mortality rates and reduce inequalities in premature mortality rates between wards/neighbourhoods with a particular focus on reducing the risk factors for heart disease, stroke and related diseases (CVD)(smoking, diet and physical activity) to the reduction in the gap between the Spearhead Group and the England average (national PSA target)	TBC	TBA	TBA	TBA	TBA	
	<p>Mandatory for areas in receipt of NRF</p> <p>Reduce premature mortality rates from heart</p>		TBA	TBA	TBA	TBA	HTPCT

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	<p>disease and stroke and related diseases so that the absolute gap between the national rate and rate for the district is reduced by (x) % by 2010 (x to be agreed as part of the contribution Reduce the gap in life expectancy by at least 10% between Haringey and the population as a whole</p> <p>Haringey's life expectancy</p> <p>England Average life expectancy</p> <p>Haringey's Mortality Rates from cancer</p>	<p>74.7 (2002/04)</p> <p>76.6 (2002/04)</p> <p>124 (2002/04)</p>					

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	England Average mortality rates from cancer Haringey's mortality rates from heart disease and stroke England's average mortality rate from heart disease and stroke	121 (2002/04) 128.6 (2002/04) 96.7 (2002/04)					
The outcomes framework for Supporting People is being developed within the Supporting People Strategy by DCLG and will be ready in early summer.	Awaiting outcomes framework						LBH

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Optional Indicators							
Reduce premature mortality rates and reduce inequalities in premature mortality rates between wards/neighbourhoods with a particular focus on reducing the risk factors for heart disease, stroke and related diseases (CVD)(smoking, diet and physical activity)	Smoking cessation: A split target stated in terms of (a) numbers of quitters and (b) commencement of smoke free homes campaign		TBA	TBA	TBA	TBA	HTPCT

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	Proportion of adults aged over 16 participating in at least 30 minutes of moderate intensity sport and active recreation on 3 or more days a week.	Baseline data will be available at ward level by Nov 06	21% of Haringey residents doing at least 3x30 per week in 2006	TBA	TBA	TBA	HTPCT
Achieve economic well-being	Improve homes for the most vulnerable people through measures to increase energy efficiency, home safety and security		Safety Checks: 904 Fire Safety Checks: 640 Fuel Efficiency Checks: TBA Home Safety Checks: TBA	TBA	TBA	TBA	LBH

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Increase choice and control	Increase the number of Health Action Plans (HAPs) completed for people with Learning Disabilities and Mental Health problems		LD: 52 (10% clients with LD) MH: 0	LD: 152 MH: TBA	LD: 252 MH: TBA	LD: 352 (652 stretch) MH: TBA	LBH
	Improve access to a range of day opportunities for older people		TBA	TBA	TBA	TBA	LBH
	Enabling older people to make healthy dietary choices		TBA	TBA	TBA	TBA	LBH

Funding Stream Information Healthier Communities and Older People Block

Funding Stream	Allocation		
	07/08	08/09	09/10
Centrally Pooled			
Neighbourhood Renewal Fund	1,200,000		
Locally Aligned			

Enabling Measures for Healthier Communities and Older People Block

Proposed Enabling Measures	Lead	Government Dept
N/A		